

August

Elementary Early Education 3-5yr Breakfast Menu 2019



My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.



NON-DISCRIMINATION:
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

WG - Whole Grain

Fresh Fruits & Vegetable Offered Daily.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5		7	8	9
12	13 NEW SCHOOL YEAR STARTS 	14 CHEESY SCRAMBLED EGGS WG MINI BISCUIT BANANA MILK	15 WG CHEERIOS WG TOAST STRAWBERRIES MILK	16 WG BLUEBERRY BASH WAFFLES ORANGE WEDGES MILK
19 WG STRAWBERRY PANCAKES APPLESAUCE MILK	20 WG RICE CHEX CEREAL WG TOAST PEARS MILK	21 WG BISCUITS & GRAVY BANANA MILK	22 WG BLUEBERRY MUFFIN ASSORTED YOGURT ORANGE WEDGES MILK	23 WG CHEERIOS WG TOAST PEACHES MILK
26 WG BREAKFAST PIZZA PEARS MILK	27 WG BANANA PANCAKES BLUEBERRIES MILK	28 CHEESY SCRAMBLED EGGS WG MINI BISCUIT BANANA MILK	29 WG CHEERIOS WG TOAST STRAWBERRIES MILK	30 WG BLUEBERRY BASH WAFFLES ORANGE WEDGES MILK



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Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14	15	16
	<p>NEW SCHOOL YEAR STARTS</p>			
19	20	21	22	23
WG - Whole Grain				
26	27	28	29	30

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AUGUST

Elementary Early Education 3-5 yr Snack Menu 2019



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WG - Whole Grain

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	
WELCOME BACK TO SCHOOL!				
12	13 <i>NEW SCHOOL YEAR STARTS</i> ➔	14	15	16
		WG CRISPY CHEDDAR CRACKERS MILK	SIMPLY STRAWBERRY CHEX MILK	WG BLUEBERRY MUFFIN MILK
19	20	21	22	23
WG CRISPY VEGGIE CRACKERS MILK	WG BLUEBERRY LEMON CRISPY BITES MILK	WG CHEDDAR GOLDFISH MILK	CINNAMON APPLESAUCE CUP MILK	WG ORIGINAL GRAHAMS MILK
26	27	28	29	30
WG ANIMAL CRACKERS MILK	APPLE SLICES MILK	SIMPLY STRAWBERRY CHEX MILK	WG APPLE CINNAMON MUFFIN MILK	CHEEZ-IT CRACKERS MILK

